The Cyclical Pattern in Judges

1. Idolatry

“The Israelites did what was evil in the sight of the L ORD, forgetting the L ORD their God, and worshiping the Baals and the Asherahs.” —Judges 3:7

“The Israelites again did what was evil in the sight of the L ORD.” —Judges 3:12

2. Oppression

“Therefore the anger of the L ORD was kindled against Israel, and he sold them into the hand of King Cushan-rishathaim of Aram-naharaim; and the Israelites served Cushan-rishathaim eight years.” —Judges 3:8

3. Cries for Help

“But when the Israelites cried out to the L ORD, . . .” —Judges 3:9a

4. Deliverance

“. . . the L ORD raised up a deliverer for the Israelites, who delivered them, Othniel. . . The spirit of the L ORD came upon him, and he judged Israel; he went out to war, and the L ORD gave King Cushan-rishathaim of Aram into his hand; and his hand prevailed over Cushan-rishathaim. So the land had rest forty years.” —Judges 3:9b-11a