The Cyclical Pattern in Judges

1. Idolatry

“Then the Israelites did what was evil in the sight of the LORD and worshiped the Baals; and they abandoned the LORD, the God of their ancestors, who had brought them out of the land of Egypt; they followed other gods, from among the gods of the peoples who were all around them, and bowed down to them; and they provoked the LORD to anger. They abandoned the LORD, and worshiped Baal and the Astartes.” — Judges 2:11-13

“Yet they did not listen even to their judges; for they lusted after other gods and bowed down to them. They soon turned aside from the way in which their ancestors had walked, who had obeyed the commandments of the LORD; they did not follow their example.” — Judges 2:17

2. Oppression

“So the anger of the LORD was kindled against Israel, and he gave them over to plunderers who plundered them, and he sold them into the power of their enemies all around, so that they could no longer withstand their enemies. 15 Whenever they marched out, the hand of the LORD was against them to bring misfortune, as the LORD had warned them and sworn to them; and they were in great distress.” — Judges 2:14-15

3. Cries for Help

“For the LORD would be moved to pity by their groaning because of those who persecuted and oppressed them.” — Judges 2:18b

4. Deliverance

“Then the LORD raised up judges, who delivered them out of the power of those who plundered them.” — Judges 2:16

“Whenever the LORD raised up judges for them, the LORD was with the judge, and he delivered them from the hand of their enemies all the days of the judge” — Judges 2:18a